

# Quantity Management



## What is Quantity Management?

It's a quality and safety program that promotes the safe use of medications. The program limits the amounts of some medications that we cover.

The Food and Drug Administration (FDA) has approved some drugs only for short-term use. And some drugs may not work as well or can even be harmful when you take more than the FDA-approved amounts.

We base the Quantity Management program on FDA and manufacturer dosing guidelines, medical literature, safety, accepted medical practice, appropriate use and benefit design. Our program only affects the amount of medication your benefit plan covers. You and your doctor should make the final decision about the amount of medication that is right for you.

## What Drugs Are Included?

The medications and limits that apply to your plan can vary. Medication limits can also vary depending on the medication strength. We post the most updated list of medications in the Quantity Management programs on our Web site. You can also view personal benefit information through our Web site.

The medications and limits in Chart 1 apply to some plans, while the medications and limits in Chart 2 or Chart 3 apply to other plans. Check your benefits booklet or talk with your Benefits department to determine which quantity limits apply to you.

For most medications, your plan will only cover a set amount within a set timeframe. Your plan will cover higher amounts of some medications when medically necessary. If a drug on this list has an asterisk (\*) next to it, you may be able to get a medical necessity override for a larger amount. If you need more of any of these medications, please have your doctor call the Caremark Prior Authorizations department at 800-294-5979. Your doctor can also fax requests to 888-836-0730. On behalf of your health plan, Caremark administers the Quantity Management program. Caremark is an independent company that manages pharmacy benefits.

## What Happens at the Pharmacy?

The pharmacist enters your prescription information into the computer system. If the drug has a limit on the covered amount, the pharmacist will fill your prescription as long as it does not exceed the limit. If your prescription exceeds the quantity limit, you have three choices.

1. Your pharmacist can reduce your prescription to the quantity your health plan covers.
2. You can pay full price for all of your prescription or for the portion that exceeds the limit.
3. You or your pharmacist can ask your doctor to get a quantity override if one is available.

If your plan approves the additional quantity, it will pay for it. If your plan does not approve it or the override is not available, you can still choose option 1 or 2.

If you submit your prescription to the mail-order pharmacy and do not meet the requirements for an additional quantity, the pharmacy will not fill your prescription. It will also not fill your prescription if an additional quantity is not available for that drug. The pharmacy will notify you by mail.

# Quantity Management Drug Lists

## Chart 1

### Basic Quantity Management Drug List

AcipHex (1 tablet per day)\*+++  
 Actiq (120 lozenges per month)\*  
 Advair Diskus (1 package per month)  
 Advair HFA (1 package per month)  
 Aerobid (2 inhalers per month)  
 Aerobid-M (2 inhalers per month)  
 albuterol inhalation solution (5 boxes per month)  
 albuterol nebulizer solution (120 ml per month)  
 Aloxi (5 capsules per month)\*  
 Aloxi Solution (5 ml per month)\*  
 Alvesco (2 inhalers per month)  
 Ambien (1 tablet per day)++  
 Ambien CR (1 tablet per day)++  
 Amerge (12 tablets per month)\*+  
 Anzemet (3 tablets per month)\*  
 Anzemet Solution (300 mg per month)\*  
 Asmanex (1 inhaler per month)  
 Astelin (1 inhaler per month)  
 Astepro (1 inhaler per month)  
 Atrovent (1 inhaler per month)  
 Avinza (30 capsules per month)\*  
 Axert (12 tablets per month)\*+  
 Beconase AQ (2 inhalers per month)  
 Brovana Solution (120 ml per month)  
 butorphanol nasal spray (2 inhalers per month)\*  
 Cambia (4 packets per month)  
 Celebrex 50 mg (1 capsule per day)  
 Celebrex 100 mg (2 capsules per day)  
 Celebrex 200 mg (1 capsule per day)\*  
 Cesamet (20 capsules per month)\*  
 codeine (45 tablets per month)  
 codeine with acetaminophen (limit varies by strength)  
 codeine with aspirin (limit varies by strength)  
 Combivent (2 inhalers per month)  
 Combunox (225 tablets per month)  
 Dalmane (1 capsule per day)++  
 Darvocet (limit varies by strength)  
 Darvon (180 tablets per month)  
 Darvon-N (180 tablets per month)  
 Demerol (30 tablets per month)  
 Dexilant (1 dose per day)\*+++  
 Dilaudid (180 tablets per month)  
 Doral (1 tablet per day)++  
 Duoneb (3 boxes per month)  
 Duragesic (10 patches per month) \*  
 Edluar (31 tablets per month)++  
 Embeda (60 capsules per month)\*  
 Emend 40 mg (4 tablets per month)\*  
 Emend 80 (2 tablets per month)\*  
 Emend 125 mg (2 tablets per month)\*  
 Exalgo (60 tablets per month)\*  
 Fentora (120 tablets per month) \*  
 Flonase (1 inhaler per month)  
 Flovent (2 inhalers per month)  
 Flovent Diskus (1 to 4 boxes per month depending on strength)  
 Flovent HFA (2 inhalers per month)  
 Foradil (60 capsules per month)  
 Frova (12 tablets per month)\*+  
 Halcion (1 tablet per day)++  
 hydrocodone with acetaminophen (limit varies by strength)  
 hydrocodone with aspirin (limit varies by strength)  
 hydromorphone (180 tablets per month)  
 Imitrex (12 tablets per month)\*+

Imitrex Injection (12 vials per month)\*+  
 Imitrex Kits (6 kits per month)\*+  
 Imitrex Nasal (2 boxes per month)\*+  
 Intal Solution for Inhalation (1 box per month)  
 ipratropium nebulizer solution (120 vials per month)  
 Kadian (60 capsules per month)\*  
 Kapidex (1 dose per day)\*+++  
 Kytril 1 mg (6 tablets per month)\*  
 Kytril injection (1 ml per month)\*  
 Kytril oral solution (30 ml per month)\*  
 Lancets (200 per month)  
 Levo-Dromoran (180 tablets per month)  
 Lunesta (1 tablet per day)++  
 Maxair (1 inhaler per month)  
 Maxalt (12 tablets per month)\*+  
 Maxalt MLT (12 tablets per month)\*+  
 Morphine immediate release (180 tablets per month)  
 Morphine solution (180 ml per month)  
 MS Contin (90 tablets per month)\*  
 Nasacort AQ (1 inhaler per month)  
 Nasonex (1 inhaler per month)  
 Needles (200 per month)  
 Nexium (1 dose per day)\*+++  
 Nucynta (600 mg per day)\*++++  
 Omnaris (1 inhaler per month)  
 Opana (120 tablets per month)  
 Opana ER (120 tablets per month)\*  
 Oramorph SR (90 tablets per month)\*  
 oxycodone immediate release (180 tablets per month)\*  
 oxycodone with acetaminophen (limit varies by strength)  
 oxycodone with aspirin (limit varies by strength)  
 oxycodone with ibuprofen (limit varies by strength)  
 Oxycontin (120 tablets per month)\*  
 Patanase (1 inhaler per month)  
 Perforomist (60 vials per month)  
 Prevacid (1 dose per day)\*+++  
 Prevacid 24HR (4 doses per day)  
 Prilosec (1 capsule per day)\*+++  
 Prilosec OTC (4 doses per day)  
 Pristiq (1 tablet per day)  
 ProAir HFA (2 inhalers per month)  
 ProSom (1 tablet per day)++  
 Protonix (1 tablet per day)\*+++  
 Proventil HFA (2 inhalers per month)  
 Pulmicort Flexhaler (2 inhalers)  
 Pulmicort Respules (1 box per month)  
 Qvar (2 inhalers per month)  
 Relenza (20 blisters per month)  
 Relpax (12 tablets per month)\*+  
 Restoril (1 capsule per day)++  
 Rhinocort Aqua (2 inhalers per month)  
 Roxicodone (180 tablets per month)  
 Rozerem (1 tablet per day)++  
 Ryzolt (30 tablets per month)  
 Sancuso (2 patches per month)\*  
 Serevent Diskus (60 blisters per month)  
 Sonata (1 capsule per day)++  
 Spiriva (31 capsules per month)  
 Sporanox (120 capsules per month, 360 capsules per year)  
 Sporanox solution (600 ml per month, 1,800 ml per year)  
 Sumavel (2 boxes per month)\*+  
 Symbicort (1 inhaler per month)  
 Talacen (limit varies by strength)  
 Talwin (360 tablets per month)

Tamiflu 30 mg (20 capsules, 3 per year)  
 Tamiflu 45 mg (10 capsules, 3 per year)  
 Tamiflu 75 mg (10 capsules, 3 per year)  
 Tamiflu susp (3 bottles)  
 Test Strips (200 per month)  
 Toradol (20 tablets per month)  
 Treximet (12 tablets per month)\*+  
 Ultracet (240 tablets per month)  
 Ultram (240 tablets per month)  
 Ultram ER (30 tablets per month)  
 Ventolin HFA (2 inhalers per month)  
 Veramyst (1 inhaler per month)  
 Victoza (one box per month)  
 Vimovo (2 tablets per day)  
 Xopenex HFA (2 inhalers per month)  
 Xopenex nebulizer solution (3 boxes per month)  
 Zegerid (1 dose per day)\*+++  
 Zegerid OTC (4 doses per day)  
 Zofran 24 mg (1 tablet per month)\*  
 Zofran 4 mg (25 tablets per month)\*  
 Zofran 8 mg (25 tablets per month)\*  
 Zofran injection (10 ml per month)\*  
 Zofran ODT (25 tablets per month)\*  
 Zofran Solution (100 ml per month)\*  
 Zomig (12 tablets per month)\*+  
 Zomig Nasal Spray (2 boxes per month)\*+  
 Zomig ZMT (12 tablets per month)\*+  
 Zortress (2 tablets per day)

PLEASE NOTE: The monthly migraine (+), sleep aid (++) , prescription ulcer (+++) and select pain (++++) drug quantity limits apply to all prescription medications within the drug class. For example, if coverage for a sleep aid is limited to one tablet per day, only one sleep aid tablet per day will be covered.

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**Chart 2****Standard Quantity Management Drug List**

AcipHex (1 tablet per day)\*+++  
 Actiq (120 lozenges per month)\*  
 Actonel 35 mg (4 tablets per month)  
 Actonel 75 mg (2 tablets per month)  
 Adderall XR (1 tablet per day)  
 Advair Diskus (1 package per month)  
 Advair HFA (1 package per month)  
 Aerobid (2 inhalers per month)  
 Aerobid-M (2 inhalers per month)  
 albuterol inhalation solution (5 boxes per month)  
 albuterol nebulizer solution (120 ml per month)  
 Aloxi (5 capsules per month)\*  
 Aloxi Solution (5 ml per month)\*  
 Alvesco (2 inhalers per month)  
 Ambien (1 tablet per day)++  
 Ambien CR (1 tablet per day)++  
 Amerge (8 tablets per month)\*+  
 Amnesteem ((varies by strength)  
 Anzemet 1 mg (3 tablets per month)\*  
 Anzemet 2.5 mg (3 tablets per month)\*  
 Anzemet Solution (300 mg per month)\*  
 Asmanex (1 inhaler per month)  
 Astelin (1 inhaler per month)  
 Astepro (1 inhaler per month)  
 Avinza (30 capsules per month)\*  
 Axert (8 tablets per month)\*+  
 Beconase AQ (2 inhalers per month)  
 Boniva 2.5 mg (31 tablets per month)  
 Boniva 150 mg (1 tablet per month)  
 Brovana Solution (120 ml per month)  
 butorphanol nasal spray (2 inhalers per month)\*  
 Cambia (4 packets per month)  
 Celebrex 50 mg (1 capsules per day)  
 Celebrex 100 mg (2 capsules per day)  
 Celebrex 200 mg (1 capsule per day)\*  
 Cesamet (20 capsules per month)\*  
 codeine (45 tablets per month)  
 codeine with acetaminophen (varies by strength)  
 codeine with aspirin (varies by strength)  
 Combivent (2 inhalers per month)  
 Coreg CR (31 tablets per month)  
 Cymbalta (62 tablets per month)  
 Dalmane (1 capsule per day)++  
 Darvocet (varies by strength)  
 Darvon (180 tablets per month)  
 Darvon-N (180 tablets per month)  
 DDAVP (2 bottles per month)  
 Demerol (30 tablets per month)  
 Dexilant (1 dose per day)\*+++  
 Dilaudid (180 tablets per month)  
 Doral (1 tablet per day)++  
 Duoneb (540 ml per month)  
 Duragesic (10 patches per month) \*  
 Embeda (60 capsules per month)\*  
 Edluar (1 tablet per day)++  
 Emend 40 mg (4 tablets per month)\*  
 Emend 80 (2 tablets per month)\*  
 Emend 125 mg (2 tablets per month)\*  
 Exalgo (60 tablets per month)\*  
 Fentora (120 tablets per month) \*  
 Flonase (1 inhaler per month)  
 Flovent (2 inhalers per month)  
 Flovent Diskus (1 to 4 boxes per month depending on strength)  
 Flovent HFA (2 inhalers per month)  
 Foradil (60 capsules per month)  
 Fosamax 5 mg (31 tablets per month)  
 Fosamax 10 mg (31 tablets per month)  
 Fosamax 35 mg (4 tablets per month)

Fosamax 70 mg (4 tablets per month)  
 Fosamax Solution (75 ml per month)  
 Frova (8 tablets per month)\*+  
 Halcion (1 tablet per day)++  
 hydrocodone with acetaminophen (varies by strength)  
 hydrocodone with aspirin (varies by strength)  
 hydromorphone (180 tablets per month)  
 Imitrex (8 tablets per month)\*+  
 Imitrex Injection (6 vials per month)\*+  
 Imitrex Kits (3 kits per month)\*+  
 Imitrex Nasal (1 box per month)\*+  
 Intal Solution for Inhalation (120 vials per month)  
 ipratropium nebulizer solution (120 vials per month)  
 Kadian (60 capsules per month)\*  
 Kapidex (1 dose per day)\*+++  
 Kytril 1 mg (6 tablets per month)\*  
 Kytril injection (1 ml per month)\*  
 Kytril oral solution (30 ml per month)\*  
 Lamisil (31 tablets per month)  
 Lancets (200 per month)  
 Levo-Dromoran (180 tablets per month)  
 Lotronex (84 tablets per month)  
 Lunesta (1 tablet per day)++  
 Lyrica 25mg -200 mg (90 capsules per month)  
 Lyrica 225mg (60 capsules per month)  
 Lyrica 300mg (60 capsules per month)  
 Maxair .2% (1 inhaler per month)  
 Maxair Autoinhaler (1 inhaler per month)  
 Maxalt (8 tablets per month)\*+  
 Maxalt MLT (8 tablets per month)\*+  
 Miacalcin NS 2 ml (4 units per month)  
 Miacalcin NS 4 ml (2 units per month)  
 Migranal (1 kit per month)  
 Morphine Immediate release (180 tablets per month)  
 Morphine solution (180 ml per month)  
 MS Contin (90 tablets per month)\*  
 Nasacort AQ (1 inhaler per month)  
 Nasalide (1 inhaler per month)  
 Nasarel (1 inhaler per month)  
 Nasonex (1 inhaler per month)  
 Needles (200 per month)  
 Nexium (1 dose per day)\*+++  
 Nucynta (600 mg per day)\*++++  
 Omnaris (1 inhaler per month)  
 Opana (120 tablets per month)  
 Opana ER (120 tablets per month)\*  
 Oramorph SR (90 tablets per month)\*  
 oxycodone immediate release (180 tablets per month)\*  
 oxycodone with acetaminophen (varies by strength)  
 oxycodone with aspirin (varies by strength)  
 oxycodone with ibuprofen (varies by strength)  
 Oxycontin (120 tablets per month)\*  
 Patanase (1 inhaler per month)  
 Perforomist (60 vials per month)  
 Prevacid (1 dose per day)\*+++  
 Prevacid 24HR (4 doses per day)  
 Prilosec (1 capsule per day)\*+++  
 Prilosec OTC (4 doses per day)  
 Pristiq (1 tablet per day)  
 ProAir HFA (2 inhalers per month)  
 ProSom (1 tablet per day)+  
 Protonix (1 tablet per day)\*+++  
 Proventil HFA (2 inhalers per month)  
 Pulmicort Flexhaler (2 inhalers)  
 Pulmicort Respules (1 box per month)  
 Qvar (2 inhalers per month)  
 Relenza (20 blisters per month)  
 Relpax (8 tablets per month)\*+

Restoril (1 capsule per day)++  
 Rhinocort Aqua (2 inhalers per month)  
 Roxicodone (180 tablets per month)  
 Rozerem ((1 tablet per day)++  
 Ryzolt (30 tablets per month)  
 Sancuso (2 patches per month)\*  
 Serevent Diskus (60 blisters per month)  
 Sonata (1 capsule per day)++  
 Spiriva (31 capsules per month)  
 Sporanox (120 capsules per month, 360 capsules per year)  
 Sporanox solution (600 ml per month, 1,800 ml per year)  
 Stimate (2 bottles per month)  
 Sumavel (1 box per month)\*+  
 Symbicort (1 inhaler per month)  
 Talacen (limit varies by strength)  
 Tamiflu 30 mg (20 capsules, 3 per year)  
 Tamiflu 45 mg (10 capsules, 3 per year)  
 Tamiflu 75 mg (10 capsules, 3 per year)  
 Tamiflu susp (3 bottles)  
 Talwin (360 tablets per month)  
 Test strips (200 per month)  
 Toradol (20 tablets per month)  
 Treximet (9 tablets per month)\*+  
 Ultracet (240 tablets per month)  
 Ultram (240 tablets per month)  
 Ultram ER (30 tablets per month)  
 Valtrex 1000 mg (31 tablets per month)  
 Valtrex 500 mg (62 tablets per month)  
 Vancocin (limits vary by strength)  
 Victoza (one box per month)  
 Vimovo (2 tablets per day)  
 Ventolin HFA (2 inhalers per month)  
 Veramyst (1 inhaler per month)  
 Xopenex HFA (2 inhalers per month)  
 Xopenex nebulizer solution (3 boxes per month)  
 Zegerid (1 dose per day)\*+++  
 Zegerid OTC (4 doses per day)  
 Zofran 24 mg (1 tablet per month)\*  
 Zofran 4 mg (25 tablets per month)\*  
 Zofran 8 mg (25 tablets per month)\*  
 Zofran injection (10 ml per month)\*  
 Zofran ODT (25 tablets per month)\*  
 Zofran Solution (100 ml per month)\*  
 Zolpimist (1 unit per month)  
 Zomig (8 tablets per month)\*+  
 Zomig Nasal Spray (1 box per month)\*+  
 Zomig ZMT (8 tablets per month)\*+  
 Zortress (2 tablets per day)

PLEASE NOTE: The monthly migraine (+), sleep aid (++) , prescription ulcer (+++) and select pain (++++) drug quantity limits apply to all prescription medications within the drug class. For example, if coverage for a sleep aid is limited to one tablet per day, only one sleep aid tablet per day will be covered.

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**Chart 3****Core Quantity Management Drug List**

Accuneb (300 ml per month)  
 AcipHex (90 days supply every 365 days)\*+++  
 Advair (1 package per month)  
 Aerobid (3 inhalers per month)  
 Aerobid-M (3 inhalers per month)  
 Albuterol (2 inhalers per month)  
 Albuterol Solution .5% (3 packages per month)  
 Albuterol Solution .83% (4 packages per month)  
 Aloxi (5 ml per month)\*  
 Alupent (2 inhalers per month)  
 Alupent Solution .4% (4 packages per month)  
 Alupent Solution .6% (4 packages per month)  
 Alupent Solution 5% (3 packages per month)  
 Ambien (15 tablets per month)\*++  
 Ambien CR (15 tablets per month)\*++  
 Amerge (9 tablets per month)\*+  
 Anzemet (3 tablets per month)\*  
 Anzemet injection (5 ml per month)\*  
 Asmanex (2 inhalers per month)  
 Astelin (2 packages per month)  
 Atrovent (2 inhalers per month)  
 Atrovent Solution (4 packages per month)  
 Axert (6 tablets per month)\*+  
 Beconase AQ (2 inhalers per month)  
 Brovana Solution (2 boxes per month)  
 Butorphanol (2 bottles per month)\*  
 Cesamet Caps (20 capsules per month)\*  
 Cipro XR 1000 mg (14 tablets per month)  
 Cipro XR 500 mg (3 tablets per month)  
 Combivent (2 inhalers per month)  
 Dalmane (15 tablets per month)\*++  
 Dexilant (90 days supply every 365 days)\*+++  
 Diflucan 150 mg (2 tablets per month)\*  
 Doral (15 tablets per month)\*++  
 Duoneb (540 ml per month)  
 Emend 120 mg (2 every 15 days)\*  
 Emend 40 mg (2 every 6 months)\*  
 Emend 80 mg (1 every 15 days)\*  
 Exalgo (60 tablets per month)\*  
 Flonase (1 inhaler per month)  
 Flovent (2 inhalers per month)  
 Flovent (2 inhalers per month)  
 Foradil (1 package per month)  
 Frova (9 tablets per month)\*+  
 Halcion (10 tablets per month)\*++  
 Imitrex injection kits (2 kits per month)\*+  
 Imitrex injection vials (4 vials per month)\*+  
 Imitrex NS 20 mg (1 package per month)\*+  
 Imitrex NS 5 mg (2 packages per month)\*+  
 Imitrex Oral Tablets (9 tablets per month)\*+  
 Intal Solution for Inhalation (120ml)  
 Kapidex (90 days supply every 365 days)\*+++  
 Kytril 1 mg (6 tablets per month)\*  
 Kytril 2 mg/10 ml oral solution (30 ml per month)\*  
 Kytril injection (1 ml per month)\*  
 Lunesta (15 tablets per month)\*++  
 Marinol (60 capsules per month)\*  
 Maxair (1 inhaler per month)  
 Maxalt (6 tablets per month)\*+  
 Maxalt MLT (6 tablets per month)\*+  
 Migranal NS (1 package per month)  
 Nasacort AQ (1 inhaler per month)  
 Nasarel (1 inhaler per month)  
 Nasonex (2 inhalers per month)  
 Nexium (90 days supply every 365 days)\*+++  
 Omnaris (1 box per month)  
 Patanase (1 inhaler per month)  
 Performist (1 box per month)  
 Prevacid (90 days supply every 365 days)\*+++  
 Prilosec (90 days supply every 365 days)\*+++

Proair (2 inhalers per month)  
 ProSom (15 tablets per month)\*+  
 Protonix (90 days supply every 365 days)\*+++  
 Proventil (2 inhalers per month)  
 Pulmicort Flexhaler (4 inhalers)  
 Pulmicort Respules (3 packages per month)  
 Pulmicort Turbuhaler (2 inhalers per month)  
 Qvar (3 inhalers per month)  
 Relenza (20 capsules every 6 months)\*  
 Relpax (6 tablets per month)\*+  
 Restoril (15 capsules per month)\*++  
 Rhinocort Aqua (1 inhaler per month)  
 Rozerem (15 tablets per month)\*++  
 Serevent (1 package per month)  
 Sonata (15 tablets per month)\*++  
 Spiriva (1 package per month)  
 Symbicort Aerosol (1 inhaler per month)  
 Tamiflu 30 mg (20 capsules every 6 months)\*  
 Tamiflu 45 mg (10 capsules every 6 months)\*  
 Tamiflu 60 mg/5ml liq (75 ml every 6 months)\*  
 Tamiflu 75 mg (10 capsules every 6 months)\*  
 Tamiflu liquid (75 ml every 6 months)\*  
 Toradol (20 tablets per month)  
 Treximet (9 tablets per month)\*+  
 Ventolin (2 inhalers per month)  
 Veramyst (1 inhaler per month)  
 Xopenex HFA (2 inhalers per month)  
 Xopenex Neb (216 ml per month)  
 Zegerid (90 days supply every 365 days)\*+++  
 Zofran 24 mg (1 tablet per month)\*  
 Zofran 4 mg (9 tablets per month)\*  
 Zofran 8 mg (9 tablets per month)\*  
 Zofran injection (10 ml per month)\*  
 Zofran Solution (90 ml per month)\*  
 Zomig Nasal Spray (1 package per month)\*+  
 Zomig/Zomig ZMT (6 tablets per month)\*+

PLEASE NOTE: The monthly migraine (+), sleep aid (++) , ulcer (+++) and select pain (++++) drug quantity limits apply to all prescription medications within the drug class. For example, if coverage for a sleep aid is limited to one tablet per day, only one sleep aid tablet per day will be covered.

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